

# CHILD MARCH 2006 ISSUE HIGHLIGHTS

## -Child Editors Available For Interviews-

### MOM SPECIAL

**The Get-Real Guide To Post-Baby Fitness**-- Page 77

Reshape your body with this easy-to-follow exercise program from top celebrity trainer.

**Post-Pregnancy Skincare** -- Page 87

Learn about new procedures and over-the-counter solutions for postpartum complexion crises, from acne to spider veins.

**The Best-Dressed List**-- Page 93

Three designers with kids of their own showcase versatile looks to fit any mom's multifaceted life.

**Child's Ultimate Guide To Taking Care of Yourself**-- Page 97

Our seven-step plan will help you eat right, look your best, stimulate your mind and stay fit so you have the energy to enjoy raising your kids.

### FEATURES

**Exclusive Survey: The 10 Best Art Museums For Kids**-- Page 119

Child's investigation paints a portrait of how art museums are catering to children and engaging them in the visual arts.

**Bountiful Breads** -- Page 110

Easy-to-bake recipes for cheesy scones, Irish soda bread, a classic wheat loaf, and more.

**Spring Trend Report** -- Page 100

This season's fashion forecast: chic and sophisticated runway-inspired childrenswear.

### WHAT'S HOT NOW

**Hot Picks From Celebrity Parents** -- Page 26

Check out the gifts and gear celebrity parents are buying.

**Design Finds For Family Living** -- Page 32

Stylish furnishings and accessories for design-savvy parents.

**Books: The Best New Stories To Inspire Young Minds**-- Page 36

Great picks for storytime.

**Television: The Inside Scoop On The Hottest New Shows For Kids**-- Page 38

What's worth watching this month with your child.

For additional information, Web chats, Q&A's with Child experts and more log onto [www.Child.com](http://www.Child.com).

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