

FAMILY CIRCLE APRIL 2006 ISSUE HIGHLIGHTS

-Family Circle Editors Available for Interviews-

The Dating Game -- Page 16

Family Circle provides a sanity-saving guide for parents of teenagers who are hooking up, breaking up and everything in between.

After Katrina -- Page 28

One family lost everything in the hurricane. Another felt compelled to help, opening up their home and hearts. *Family Circle* tells their story.

Mom vs. Mom -- Page 39

Rosalinda Wiseman, author of the best-selling book *Queen Bees & Wannabes*, tells you how to deal with the difficult adults in your child's life.

Stomach Pain S.O.S. -- Page 52

If bloating, cramping and indigestion are more than an occasional annoyance, *Family Circle* gets to the bottom of your belly aches.

No More Moody Blues -- Page 59

Whether you're stressed out, let down, or pissed off, here's how to pinpoint what's really bothering you-and get happy again. *Family Circle* helps you ward off the blues.

Mall Call -- Page 72

More tailored than Bermudas, trousers shorts are sleek, sexy and perfect for work. *Family Circle* shows you spring's best styles that will put you in the mood to shop for wear-anywhere looks from the mall that are chic, affordable and fun.

"We're 250 Pounds Thinner" -- Page 64

Steal the success secrets from four women who finally slimmed down and stayed that way.

Get Organized -- Page 81

In just a few hours, three closets go from chaotic to clutter free. *Family Circle* gives you the fast fixes to get organized space by space.

Fresh & Healthy Pasta -- Page 86

Three dishes under 400 calories that your family will love. Dishes include springtime pasta and veggies and bow ties with pesto.

Come For Dinner -- Page 93

There's no reason to wait until the weekend to have friends over. *Family Circle* gives you two favorite menus for easy get-togethers that anyone can whip up after work.

The New Frozen Dinner -- Page 107

At one of the new "meal-assembly" stores, you can put together two weeks' worth of suppers to freeze and serve later. The best part: no shopping, chopping or cleanup required.

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