

MIDWEST LIVING JULY/AUGUST 2006 ISSUE HIGHLIGHTS

-Midwest Living Editors Available For Interviews-

A Summer You'll Love

ICE CREAM – SUMMERTIME BLISS -- Page 26

The Midwest has five of the top 10 ice cream-producing states. This month, *Midwest Living* shares other ice cream factoids and shows you how to whip up homemade vanilla and chocolate ice cream. Also included, recipes to jazz-up plain ice cream – **Peanut Butter-Fudge**, **Vanilla-Spiced Honey** and **Maraschino Cherry-Toasted Pecan** – and the best Midwest ice cream parlors.

CHICAGO CHIC – DREAM ROOFTOP LIVING -- Page 37

Midwest Living was inspired by Chicago's reviving older neighborhoods when it created an indoor/outdoor kitchen, dining and living space for the National Kitchen and Bath Association's Design Idea Center. The *Midwest Living* space – which was the highlight of the Chicago trade show in April – has indoor and outdoor spaces for connecting friends and family at under-the-stars dinner parties or sunny outdoor celebrations. Innovations include: a cascading water wall; refrigerator drawers; a Kohler ProCook sink; InterfaceFlor self-sticking carpet; wood Eco Decking Tiles; an indoor/outdoor fireplace; Wood Stone outdoor pizza oven; and more.

PATRIOTIC PLACES -- Page 63

This 4th of July, celebrate with more than just the usual flags and parades – check out some of the Midwest's most unique patriotic places: the Hall of Courage at the Brown v. Board of Education National Historic Site in Topeka, Kansas; Herbert Hoover National Historic Site and Presidential Museum in West Branch, Iowa; the Henry Ford museum in Dearborn, Michigan, which celebrates the nation's most innovative inventors; and more. From museums to battle sites, libraries and parks, these famous and obscure sites make us all think about what we value as Americans.

INDIANAPOLIS- ONE CITY, TWO WAYS: SAVE OR SPLURGE? -- Page 71

Looking for a weekend getaway? Indianapolis, home of top museums, boutique shopping and Hoosier hospitality is the perfect choice. *Midwest Living* has you covered with two weekend itineraries complete with attractions, restaurants and hotels, no matter what your budget is.

CHEFS TO THE RESCUE -- Page 83

Need to host the perfect cocktail party? Want to spice up your plain veggies? Want to impress company with a simple, elegant dish? This month, Midwest chefs answer your questions, divulge what kitchen tools they can't live without and provide recipes for delicious foods like **Sweet Corn Shortcakes with Summer Berries** and **Butternut Squash Risotto with Honey Crisp Apples**.

OUR PERFECT GETAWAYS -- Page 95

After years of researching and visiting hundreds of places for stories, *Midwest Living* staffers have their personal favorites. Whether you're looking to explore the outdoors, planning a family-friendly vacation or just want to lie on the beach and relax, your perfect Midwest destination is here.

LEARNING TO LOVE THE VEGETABLE -- Page 102

Are the only vegetables you eat fried, canned or frozen? This month, Bob Jones, of The Chef's Garden in Huron, Ohio, hopes to change that. A grower of fresh and unusual varieties of produce, he wants to show you just how good freshly picked, chemical-free vegetables are. Learn how to incorporate crisp, organic vegetables into your favorite dishes and fun ways to get your kids eating their recommended five daily servings of fruits and veggies. Want to take it one step further? Visit Bob's Culinary Vegetable Institute

At The Chef's Garden that offers chefs, school and visitors lessons on nutrition and details about sustainable agriculture.

The July/August issue of *Midwest Living* magazine is available on newsstands now.

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