

# Siempre Mujer Oct/Nov 2006 Issue Highlights

## --SIEMPRE MUJER Editors Available for Interview--

*One-Year Anniversary Issue Features Cover Star Sofia Vergara as a "Siempre Inspiran" Honoree*

### **SIEMPRE INSPIRAN (ALWAYS INSPIRING); pg. 60**

*Siempre Mujer* introduces the signature feature "Siempre Inspiran," which celebrates prominent women who use their career success to give back to their communities. This year's honorees are: **Sofia Vergara**, godmother of the Foundation for Peace and Hope for the Children of Colombia; Principal Dancer for the American Ballet Theatre **Paloma Herrera**, who each year returns to her native Buenos Aires to perform; **Shakira**, whose charity, Bare Feet, helps children escape poverty and violence in Colombia; Cuban Queen of Media **Cristina Saralegui** for establishing the Up with Life Foundation to educate Hispanic children about AIDS; Emmy-Award Winning Journalist **Giselle Fernandez** (Mexican), who raises money for the Children's Hospital in Los Angeles benefiting children with cancer; and Retired Lieutenant Colonel **Consuelo Castillo Kickbush**, for establishing organizations that use education to propel change.

### **STYLISH AT 20, 30 AND 40!; pg. 44**

Juggling career and family day in and day out can leave us with little time for ourselves. That's why we've made it easy for you. We worked with top makeup artists, and wardrobe and hair stylists to give three readers in their 20s, 30s and 40s head-to-toe makeovers. Check out their new looks and learn about the products and techniques you can use at home.

### **BEAUTY OF THE NIGHT; pg. 50**

Bed time has never looked this good! This issue's fashion spread shows that comfort and sensuality abound in the latest camisoles and pajamas for winding down the day. *Siempre Mujer* also showcases the coolest sleep-time accessories, from slippers, to robes, to eye masks. So, lie down and enjoy your most relaxing sleep in a long time.

### **BREAST CANCER REPORT; pg. 57**

Three hundred thousand women are diagnosed with breast cancer each year. Inside, *Siempre Mujer* tells you all you need to know about protecting yourself. Learn how to give a proper self exam, six ways to prevent cancer, and even products you can buy to support the pink cause.

### **PREPARING FOR COLLEGE COSTS; pg. 102**

According to the College Board, the average cost for a year's tuition at a private university in 2005-2006 was \$21,235 and for public universities was \$5,491. That's why you need to start saving now to secure your child's future. *Siempre Mujer* Financial Editor Xavier Serbia shares his 10-step plan for making it happen, from establishing a savings system, to exploring prepaid tuition plans and other education-related financial options, to involving your kids early in the process so that they understand the importance of higher education.

The October/November 2006 issue of *Siempre Mujer* hits newsstands October 1st.

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