

The McCaughey Septuplets on Their Annual Ladies' Home Journal December Cover

-Ladies' Home Journal Editors Available for Interview-

THE MCCAUGHEY SEPTUPLETS ON THEIR ANNUAL *LADIES' HOME JOURNAL* DECEMBER COVER

Plus Great Gifts Under \$30; Fast Ways to Look Festive; Credit Card Traps

THE 12 WAYS OF CHRISTMAS; pg. 34

'Tis the season to stress, but by stocking up on these simple skin, hair and makeup tips, you'll look party pretty in no time. Use highlighting makeup to achieve your own beautifully glowing tinsel effect. Perfect the simple ponytail for a sleek and romantic holiday looks. These and 10 other secrets to looking smashing inside!

CREDIT CARD TRAPS; pg. 50

In a recent survey of 632 Americans, nearly 50% said they overrun their holiday budgets by \$500 or more. And hidden fees and penalties can get you into serious trouble – even debt. *Ladies' Home Journal's* December issue shares the steps you need to take to protect your finances – from keeping your credit limit low, to shopping around for the best rates.

GREAT GIFTS UNDER \$30; pg. 82

Ladies' Home Journal has taken the worry out of the holidays by gathering fun, festive and unique gifts that won't break the bank this season. So, sit back, relax and get ready to start checking off loved ones from your list. Your hubby, your sister, your child, and even you will not be disappointed by our 49 charming choices!

A SEPTUPLET CELEBRATION; pg. 102

The seven McCaughey nine-year-olds continue to captivate the world because they are believed to be the world's first surviving septuplets. In *Ladies' Home Journal's* annual visit with the McCaugheys, we learn how they are growing and changing. Plus, for the first time ever, the septuplets recorded three holiday carols that will be available for free download on www.lhj.com.

A BOUNTIFUL CHRISTMAS; pg. 128

We've created a lavish and delicious show stopping meal that will take a proud place in your family history – and our gift to you is that this dinner is simple to prepare. From our creamy Roasted Butternut Squash Soup with Cilantro Pesto, to dreamy Chocolate Peppermint Cake, this is a pull-out-all-the-stops holiday menu you can prepare without slaving away for days or worrying over too many steps. What better way to celebrate?

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About *Ladies' Home Journal*

Founded in December 1883, *Ladies' Home Journal* has been inspiring, informing and entertaining women for 123 years. Published monthly by Meredith Corporation (NYSE: MDP), *Ladies' Home Journal* has a circulation of 4.1 million and a readership of 13.5 million. The magazine's interactive online companion, www.lhj.com, has 1.8 million unique visitors and 20 million page views each month.

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