

Better Homes and Gardens February 2007 Issue Highlights

—*Better Homes and Gardens* Editors Available For Interviews—

Love Notes; pg. 25

Make someone's Valentine's Day with a greeting that's crafted by hand and comes from the heart. *Better Homes and Gardens* offers step by step instructions for a handful of sweet greetings.

Window Dressing; pg. 34

Transform your curtains from simple to chic in one afternoon by adorning plain ready-made panels. *Better Homes and Gardens* offers four easy steps for style made simple: ruffle the edge, sheer overlay, painted stencil, and vertical stripes.

Shelf Examination; pg. 60

Is your linen closet an avalanche of towels, sheets, and random items? *Better Homes and Gardens* offers tips to restore some order, including storing heavy items towards the bottom, using the back of the closet door for hanging space, and reserving the hard-to-reach top shelf for seasonal supplies.

Painting with Flowers; pg. 91

A garden needn't be huge to make an impact. *Better Homes and Gardens* shows you how a Southern California gardener turned her small front yard into a cottage garden.

Potting Up Spring; pg. 114

Outdoor steps are the ideal stage for container-grown shrubs, perennials, annuals, and bulbs that jump-start the season. *Better Homes and Gardens* presents an array of potted plants that bloom just in time for early spring.

A Valentine's Dinner: She Cooks/He Cooks; pg. 158

Fiery food writer, Marge Perry, and cool-and-calm chef, David Bonom, share smart tips, a foolproof menu—and a generous serving of fun. The newlyweds create a delicious, Valentine's dinner, including a salmon "martini" starter, sweet-and-fiery polenta fries, and an easy mix of grilled entrees.

Fast-Fix Dinners; pg. 181

When you want dinner now, these everyday easy recipes are perfect for busy families. *Better Homes and Gardens* recommends buffalo chicken pizza, pumpkin-bean soup, tuna-potato cakes, and maple pork and apples for meals in jiffy.

Healthy Heart; pg. 199

Everyone could use some news on how to stay heart-healthy. *Better Homes and Gardens* offers pages of health conscious tips and suggestions, including women's heart attack symptoms and heart-healthy menus.

Healthy You; pg. 214

Better Homes and Gardens offers a 5-step routine to keep skin comfortable and touchable all winter long. Try this countdown to smooth skin: exfoliate regularly, go gentle on the wash, moisturize smart, replenish, and be proactive.

The February issue of *Better Homes and Gardens* is currently available on newsstands.

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