

Family Circle March 2007 Issue Highlights

—*Family Circle* Editors Available For Interviews—

In Living Color, pg. 22

Catch a little spring fever by adding a burst of the season's best shades to your home. *Family Circle's* experts show you how.

Furniture Fix-Ups; pg. 28

All it takes is a little paint, paper or fabric to help plain pieces of furniture go from weary to wow.

How to Buy Carpeting; pg. 40

Nylon or wool? Berber or plush? If you're floored by all the possibilities *Family Circle* has the tips to help you pick your style.

The Pursuit of Happiness; pg. 56

She may not have found Mr. Right, but that didn't stop one woman from realizing her dream of being a mother.

Kids in the Fast Lane; pg. 51

Get your superbusy, multitasking, stressed-out teens to slow down – before they wear themselves out!

The Busy Mom's Guide to Car Maintenance; pg. 86

Ignoring basic upkeep can cost you down the road. With the help from AAA experts, *Family Circle* tells you what you should know.

Attention, Please!; pg. 91

You want more time, talks and cuddling. Some tips on making a direct connection with your husband.

Walk it Off; pg. 102

Eight inspirational tips from readers to get you moving.

Guilt-Free Fast Food; pg. 119

Here's how to order up a quick, nutritious meal – without supersizing your family.

The Best Birth Control for You; pg. 125

With more new options than ever before, *Family Circle* helps you find the best choice for yourself.

Ask And You Shall Receive; pg. 138

The secret to getting results isn't only in what you say, it's also how you say it. Here's how to fine tune your approach depending on your audience.

5 Ingredient Meals; pg. 165

The key to speedy meals is simple: a few great convenience products packed with flavor.

Baking Outside the Box; pg. 174

Turn a basic cake mix into something unexpected like spice cookies, cheesecake bars, even Piña Colada trifle.

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