

Family Circle April 18, 2007 Issue Highlights

—*Family Circle* Editors Available For Interviews—

Green House; pg. 18

Build a home that's good for your family and the Earth.

Salad Days; pg. 24

If you have a weekend and a shovel, you can grow your own lettuce.

How to Buy a DVD Player; pg. 30

Single – or multidisc model? Playback-only or recorder too? *Family Circle* connects you to the latest innovations.

The Friendly Divorce; pg. 38

Breaking up is hard to do, but this ex-couple found a way to make it easier on the kids.

Maximize Your Money; pg. 40

Simple ways to make the most of your hard-earned dollars.

Basic Training; pg. 58

It's never too late to start teaching kids how to do everyday tasks.

Canine Crusader; pg. 64

Saving one homeless dog was not enough for this woman.

Outsmart Allergy Season

Keep your family comfortable this spring with our regional guide and soothing strategies.

Diet Success; pg. 82

The motivation you need to stay thin.

Walk It Off ; pg. 84

Join our walking team and get in the best shape of your life.

Make Over Your Mood; pg. 94

Stop feeling worn down, grumpy or stressed out. *Family Circle* shows you how to get the right help.

Shortcut Suppers; pg. 122

Use *Family Circle's* 10 favorite convenience products to get dinner on the table fast.

Thrills from the Grill; pg. 132

Delicious barbecue in no time, with *Family Circle's* collection of simple marinades, sauces and seasonings.

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Contact:

Marisa Ollins

(212) 389-5332

Marisa.Ollins@meredith.com

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