

# Siempre Mujer April/May 2007 Issue Highlights

***Dayanara Torres and Natalia Streignard on Split Covers, Plus Much More***

**DAYANARA: QUEEN OF LOS ANGELES – Page 46**

Without a doubt, Dayanara Torres, the Puerto Rican ex-Miss Universe and current star of MyNetwork TV's *Watch Over Me*, is in love with Los Angeles' culturally-rich lifestyle, prevalent Latino flavor and perfect climate. What more could she want from her new home in the entertainment capital of the world? *Siempre Mujer* caught up with Dayanara to find out about her favorite Los Angeles spots, life as a single mother and how she plans to conquer Hollywood.

**NATALIA STREIGNARD: BEAUTIFUL FROM THE INSIDE OUT – Page 36**

This Venezuelan telenovela star knows all too well that life isn't a bed of roses. Natalia Streignard has lived through her parents' simultaneous bouts with cancer and a divorce, but she stays positive through it all. Natalia shares her tips for achieving spiritual and physical beauty with *Siempre Mujer*. Laugh often, love your job, and wash your face with pore-sealing cold water, she advises!

**48 WAYS TO HELP SAVE THE PLANET**

In a first for the Hispanic magazine market, *Siempre Mujer* devotes its April/May issue to going green. Throughout the issue, readers can look for the magazine's green Seal of Approval to find tons of simple ways families can incorporate environmentally-friendly ideas into their homes and lifestyles. From nature-friendly accessories and clothes to organic foods and hybrid cars, *Siempre Mujer's* guide to green living is a must read for Hispanics who want to make a difference.

**HOME SWEET HOME – Page 90**

Buying a home can be the best way to accumulate wealth, but for first-time buyers the process can be intimidating. *Siempre Mujer* Financial Editor Xavier Serbia walks readers through the home-buying process, from figuring out a home's worth, to prequalification and getting a loan, to closing the deal. Serbia also offers ways to determine whether buying or renting is best for you, and lists the 10 biggest pitfalls to avoid when taking the plunge.

**FASHION PAGES: TURN UP THE VOLUME – Page 40**

It's time to leave structure behind and start experimenting with free-flowing shapes and volume in your wardrobe. *Siempre Mujer* shows you how. Achieve this playful look with the latest capelets, babydoll dresses and tiered ruffle tops. Also, learn how to mix colors and accessories in different shapes and sizes to achieve a balanced and fresh look.

**DAISY MARTINEZ: ALL IN THE FAMILY COOKING – Page 70**

From one generation to another with love...*Siempre Mujer* Contributing Food Editor Daisy Martinez allows us to witness the incredible bond cooking creates within her family. Daisy cooks with her mother Conchita and daughter Angela, and shares family-favorite recipes like Mom's Favorite Tortilla and Corn and Cheese Fritters.

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