

People En Español Releases Findings On Latina Professional Tipping Point From 2018 Hispanic Opinion Tracker Study

PEOPLE Chica Hosts Roundtable Discussion Highlighting Key Findings from the Exclusive Study Titled 'A Cultural Re:Evolution'

NEW YORK, May 14, 2018 /PRNewswire/ -- Meredith Corporation's People en Español has released *A Cultural Re: Evolution*, the newest insights from its Hispanic Opinion Tracker (HOT) Study – the longest-running nationally representative study of Latinas in the U.S. In 2014, the HOT study looked at the millennial Latina with an emphasis on beauty. In 2016, with *Latinas@Work*, professional Latinas shared their experiences in the workplace. For the eighteenth year of the study, *A Cultural Re:Evolution* surveyed nearly 1,000 Latinas age 18-64 representing a broader slice of the Latina spectrum across age and acculturations with a focus on mothers, millennials and working women.

"With this study we wanted to examine how the current socio-political climate – with conversations around DACA, immigration reform, #MeToo, #TimesUp and other important movements – has impacted the modern Latina's perception of her place in American society," said People en Español Brand Sales Director Monique Manso. "This study illustrates just how significant career has become in her overall set of priorities, as she's become more than ever a confident, career-minded woman, and represents a demographic of young leaders who don't want to be bound by overwhelming stereotypes and pre-conceived notions."

A Cultural Re:Evolution reveals that U.S. Latinas have reached the tipping point where professional identity takes precedence over other roles in Latinas' lives and represent a new chapter in the evolution of a complex woman who is at the forefront of a cultural, political and generational shift.

Key findings from *A Cultural Re:Evolution* are as follows:

- 86% of Latina millennials feel good about work and that in their career, her culture is an asset versus a potential hindrance as seen past studies.
- 53% of Latinas are the first to go to college in families with a long history of change (immigration, etc.). Their entire family supports their success as part of a widespread belief that education is the key to success.
- 38% of Latinas see financial worry as a top stressor, as the Latina is the main breadwinner in the household that's often multigenerational.
- 71% of Latina Moms and 74% of millennial Moms believe that raising their children to be bicultural gives them an advantage.

PEOPLE Chica, the *People en Español* English language digital platform aimed at U.S. Hispanic millennials and Gen Z Latinas, released a video roundtable addressing the *Cultural Re-Evolution* study. The roundtable, moderated by People En Español and People Chica Digital Executive Editor Shirley Velasquez, features three millennial Latina professionals discussing the key pillars highlighted in the overall study: culture, identity, career, education, motherhood and finance. The participants included: Frances Solá-Santiago, a 23-year-old Puerto Rican writer and video producer; Thatiana Diaz, a 25-year-old Dominican-American digital writer; and Brenda Barrientos, a 23-year-old Peruvian-American social media editor.

Watch the full, 20-minute discussion here: <http://people.com/chica/what-latina-millennials-want-today/>

"The study's findings resonated with me and inspired me to bring together my colleagues to dive deeper into how the results mirror our own experiences and current personal and professional day-to-day lives," said People En Español and People Chica Digital Executive Editor Shirley Velasquez. "It's important for us to use this research as an opportunity to voice our truths and initiate important conversations."

A Cultural Re:Evolution was commissioned by People en Español in partnership with Stephen Palacios, Partner & Principal at Ahzul with Lieberman Research Worldwide. People en Español aims to use this industry-leading research to help inform its content and marketing strategies and to support its brand partners across industries to better understand the behaviors, needs, and mindset of today's Latina in their efforts to design strategic marketing campaigns that can reach this valuable target audience.

ABOUT MEREDITH CORPORATION

Meredith has been committed to service journalism for more than 115 years. Today, Meredith uses multiple distribution platforms — including broadcast television, print, digital, mobile and video — to provide consumers with content they desire and to deliver the messages of its advertising and marketing partners. Meredith's National Media Group reaches 175 million unduplicated American consumers every month, including 80 percent of U.S. Millennial women. Meredith's Local Media Group includes 17 television stations reaching more than 11 percent of U.S. households.

ABOUT PEOPLE EN ESPAÑOL

PEOPLE EN ESPAÑOL was launched in 1996 as a special issue and today has become the top-selling Hispanic magazine in the United States. Published 11 times a year, PEOPLE EN ESPAÑOL reaches an audience of 7 million every month with its editorial mix of Hispanic and popular entertainment, fashion and beauty trends and compelling human interest stories. PEOPLE EN ESPAÑOL delivers original editorial content that captures the values, contributions and impact of today's Hispanics in the United States. The brand's social media footprint includes 1,400,000 followers on Twitter, over 4,300,000 "Likes" on Facebook and 1,800,000 followers on Instagram. For daily news, photos, exclusive behind-the-scenes video and celebrity scoops, visit www.peopleenespanol.com and follow PEOPLE EN ESPAÑOL on Twitter at @peopleenespanol.

SOURCE People en Español

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