

EatingWell Announces The 2019 Winners Of Its Third Annual American Food Heroes Awards

List Recognizes Top 10 Food Industry Leaders and Visionaries

NEW YORK and SHELBURNE, Vt., June 10, 2019 /PRNewswire/ -- Today Meredith Corporation's (NYSE: MDP: Meredith.com) EatingWell magazine announced the winners of its third annual American Food Heroes awards as part of the July/August 2019 issue, on sale nationwide June 14. The award honors top visionary leaders and influencers in the epicurean space who are committed to making a difference on the biggest food, sustainability and nutrition issues of today.

"As the food category is ever-changing, EatingWell takes pride in educating consumers where their food comes from, how it's produced and the impact it has on the environment," said Jessie Price, Editor-in-Chief of EatingWell. "Positive food advancements create an opportunity for us to recognize those who are paving the way in food policy, agricultural innovations, sustainability initiatives, life-saving nutrition research and more."

The 2019 American Food Heroes are as follows:

- **Beth Robertson-Martin**, Director of Commodities and Pollinator Council Lead, General Mills
- **Ann Cooper**, Founder of the Chef Ann Foundation and Director of Food Services, Boulder Valley School District
- **James Rogers**, Founder and CEO, Apeel Sciences
- **Anthony Bourdain**, Celebrity Chef, Author and TV Host
- **George Siemon**, Founding Farmer and Former CEO, Organic Valley
- **Rebecca Zimmer**, Global Director of Environment, Starbucks
- **Colleen Lindholz**, President, Kroger Health
- **Jim Perdue**, Executive Chairman, Perdue Farms
- **Pete Malinowski**, Executive Director, The Billion Oyster Project
- **Lauren Puryear**, Extreme Couponer and Founder of For the Love of Others

To select the winners, EatingWell accepted nominations from top experts, advocates and readers. A panel of editors reviewed the submissions and narrowed down the finalists to those who stood out for their focus, creativity, ongoing contributions and the achievements they made in the past year.

The feature story profiling the 2019 winners will appear in the July/August issue of EatingWell and online at EatingWell.com.

ABOUT EATINGWELL

Launched in 1990, EatingWell is a leading source of delicious, healthy recipes, entertaining ideas and inspiring articles about food origins and science-based nutrition. EatingWell is a fast-growing multimedia brand in the expanding healthy-eating sector. Its core mission is to give readers a better way to eat deliciously, live healthy, feel happy and look great. In 2016, EatingWell was named by Advertising Age as one of the "Top 10 Magazines of the Year." The brand has also won 15 James Beard awards, with an additional 25 nominations.

EatingWell is published 10 times a year by Meredith Corporation with a rate base of 1.775 million and 8 million readers. The brand has diversified to multiple formats, including a content-rich website that reaches over 4.6 million unique visitors per month, content and brand licensing, custom publishing and consumer cookbooks. Additional information may be found at www.eatingwell.com.

ABOUT MEREDITH CORPORATION

Meredith Corporation has been committed to service journalism for more than 115 years. Meredith uses multiple distribution platforms—including broadcast television, print, digital, mobile and video—to provide consumers with content they desire and to deliver the messages of its advertising and

marketing partners. Meredith's National Media Group reaches more than 175 million unduplicated American consumers every month, including over 80 percent of U.S. millennial women. Meredith is the No. 1 magazine operator in the U.S. and owner of the largest premium content digital network for American consumers. Meredith's Local Media Group includes 17 television stations, reaching 11 percent of U.S. households.

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